

Manadoob Program for Self-Esteem" Product Information Ask-It Program for children ages 7-12



Manadoob Secret Connection Kit Box

Manadoob Novel, Mystery of the Moobia Stones - Children read the novel which is the basis for all of the lessons in the Manadoob Self-Esteem Ask-It Workbook.

1. **Manadoob Guide to the Moobia Stones booklet** - Utilized by students as part of several lessons in the Ask-It Workbook
2. **Moobia Stone Pouch** - Holds the engraved Moobia Stones
3. **Engraved Moobia Stones** - Placed in pouch, students are asked to select specific stones as they complete lessons in the Ask-It Workbook. After completion of the program, children may use and enjoy these stones as a valuable keepsake.
4. **Orange Shoulder Bag** containing the following:
 - **Paper Mask**
 - **Markers** - For completion of lessons
 - **Windsock**
 - **Manadoob Large rectangular drawstring "worry" bag**
 - **Smallest drawstring "uncomfortable feelings" bag**
 - **Certificate of Completion**
 - **Small draw string bag** with tag and 3 charms - to be passed on to someone
 - **Manadoob Secret Connection Ask-It Workbook** - Guides students through the Manadoob Program for Self-Esteem. Includes Stickers
 - **Sadiki Wristband** - may attach "I Believe"
 - **Kids & Animals, A Healing Partnership DVD**

Manadoob Program for Self-Esteem" Product Information
Kick-Start Program for children ages 5-7

Blue Backpacks containing:

- **A cardboard stitch around Cruz with string**
- **Greeting Card and Enevelope plus Greeting card stickers**
- **Manadoob Animal Stickers**
- **Ga-Loom Stress Ball**
- **A Worry Bag- An Uncomfortable Feelings Bag - An I Believe Bag with 3/ I Believe Charms**
- **I am Unique Stickers**
- **Windsock plus 2 stes of windsock stickers**
- **Colored Wooden Moobia Stones**
- **Yama Cruz Magnets**
- **Kick-Start Workbook with sadiki Stickers**
- **Colored Markers**
- **Novel**
- **Moob-It Bag**
- **Mask**
- **Sadiki Band**

Red Facilitator Bag containing:

- **Facilitator Guide**
- **Facepaint**
- **Ga-Loom Story Book**
- **Moobia Guide Book**
- **Sadiki Sash**

"Manadoob Program for Self-Esteem" Product Information **Main Components**

The Novel

The beautiful hardback Manadoob novel offers children the gift of entertainment and self-awareness. Each Manadoob character has strengths and weaknesses with which all kids can identify

The Workbook

The Manadoob Ask-It Workbook has 28 chapters with 80 activities intended to allow each child to question, to reflect, to discover. The lessons provide curriculum opportunities in:

- Language Arts
- Reading and Vocabulary
- Theater Arts
- Research
- Experimental Activities
- Community Outreach

The Moobia Stones/Guide to the Moobia Stones

The Moobia Stones are Manadoob's fund and insightful gift of guidance. The Moobia Stones stress basic values that are sometimes overlooked in the high-speed, technology-based environment in which we live.

The Programs include tactile elements which facilitate sensory integration and the children become self-motivated to complete the lessons.

The Manadoob Secret Connection Game



The Manadoob Secret Connection Game is a fun, creative, interactive, community building experience. Modeled after the internationally acclaimed, research-based Manadoob Program for Social and Emotional Learning, the Manadoob Game experience brings together kids, parents, teachers, health professionals, caregivers and grandparents who role play, act out charades, problem solve, face their fears and help others believe in themselves. You can even adopt a pet along the way.