

## Overview

### The Manadoob Program for Self-Esteem

**The Manadoob Program for Self-Esteem** is an essential educational tool allowing all children to face the challenges in the world today, and empowering them to do the right thing. Some of these challenges include:

**\*Bullying \*Death or Divorce of a Parent \*Test Anxiety \*Childhood Obesity \*Animal Welfare  
\*Managing Stress in a Fast-Paced World \*Military Children \*Children in Multicultural Schools**

#### What is the Manadoob Program for Self-Esteem?

**The Manadoob Program for Self-Esteem is an inquiry based, social and emotional program** which teaches children self-esteem while enhancing their reading and writing skills through the use of story, craft and individualized interpretation. The characters, both human and animal, celebrate diversity and inclusion, instilling a sense of belonging in children while creating a non-threatening environment in which they can share and explore.

The Manadoob **Novel and Moobia Stones** offer children the gift of entertainment and self-awareness. The Manadoob **Ask-It Workbook** is the perfect “hands on” resource in the Manadoob Program for children. The Workbook includes 28 chapters with over 80 lessons and activities that can be completed within the school year. Each class works at its own pace allowing the children all the time they need to read, think, talk, dream and answer questions thoughtfully. The Program provides curriculum opportunities in language arts, reading and vocabulary, social science, theatre arts, research, experimental activities and community outreach.

#### Who are The Manadoob?

The Manadoob are an odd bunch of magical misfit animals who will help kids discover that belief in themselves is the most important gift they can ever receive. They can face their fears and worries; be strong and successful; and achieve what they want in their lives. The Manadoob can keep kids' secrets, give them love and attention, and help them cope with tough situations. Using their cherished **Moobia Stones** to deliver messages of advice and encouragement, the Manadoob ask kids to sadiki – to believe in themselves.

#### Licensed Manadoob Educators

Educators who successfully complete our Educator's Training Program use the tools provided by **The Manadoob Program for Self-Esteem** to help children improve self-esteem and connect with others, while they learn self-confidence, self-reliance and values.

#### School Curriculum

It has taken over a decade to develop the Manadoob Program and the participation of respected educators, child psychologists, psychiatrists and humane educators has helped to make the Program an exceptional tool in helping children. As an alternative to the Educator's Program, **The Manadoob Program for Self-Esteem** can be used as an approved curriculum in public or private schools.

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### The Manadoob Educator's Program

**The Manadoob Licensed Educator's Program** allows facilitators to make a substantial supplemental income while enriching children's lives. Educators use the tools provided by The Manadoob Program for Self-Esteem to help children improve self-esteem and connect with others, while they learn self-confidence, self-reliance and values.

### Teaching The Manadoob Program

Teaching the Manadoob Program not only offers each educator the opportunity to enhance the lives of the children they teach, but also results in personal growth and job fulfillment. **A Manadoob Educator** works around their own schedule, chooses the number of classes they teach, and may choose to teach at private or public schools, charter schools, libraries, in homes, community centers, or through city parks and recreation departments. The **Manadoob Educator's Program** encourages creativity and allows the Educator to "make it their own"!

### About Our Training

A **Manadoob Educator** receives an extensive training program that not only teaches students how to facilitate Manadoob, but also provides a great opportunity for learning important life skills such as:

- **How to Create a Budget**
- **How to Pursue a Career**
- **How to Start a Business**
- **How to Create a Business Plan**
- **How to Set Goals**
- **Tips and Tools for working in a Professional Environment**

Training is easily accessible at our website, can be downloaded for mobility and taken at the Educators own pace. Each Manadoob Educator is provided with a login to our extensive Training and Resource Center and each works with a Manadoob Mentor to assist along the way!

### **\*A Note about the Manadoob Program for Self-Esteem**

The Manadoob Program for Self-Esteem is a trademarked program which may only be used in educational settings approved by Sadiki LLC, which owns exclusive rights to certain Manadoob trademarks and materials used in the Program. In any situation in which a fee is paid for teaching the Program to children, other than an approved school site at which the school is implementing the Program, a Manadoob Educator must be trained, certified and licensed by Sadiki LLC to facilitate the Manadoob Program for Self-Esteem.

For more information about our program [Manadoob Program for Self-Esteem](#) or our [Licensed Manadoob Educator's Program](#), please follow the links provided or visit our website at [www.manadoob.com](http://www.manadoob.com). You may also contact us personally at [june@manadoob.com](mailto:june@manadoob.com), [susan@manadoob.com](mailto:susan@manadoob.com) or [nancy@manadoob.com](mailto:nancy@manadoob.com)