

## **Media Kit**

# **FAQ**

## What is a Social and Emotional Learning Program and why is it so important?

A Social and Emotional Program (SEL) such as Manadoob, is a teaching process through which children:

- Acquire the knowledge, attitudes and skills they need to recognize and manage their emotion
- Develop the ability to demonstrate caring and concern for others
- Establish positive relationships
- Make responsible decisions
- Handle challenging situations

#### Research shows that there is an:

- 11-17% point gain in achievement in standardized test scores
- 44% decrease in suspensions, expulsions and violent behaviors
- 27% decrease in other disciplinary actions
- 11% higher GPA's than non-participants

Additional research concludes children who participate in SEL Programs improve:

- Self-Awareness
- Self-Management
- Empathy/Social Awareness
- Relationship/Social Skills
- Managing challenging situations

## Why Inquiry Based Programs?

An Inquiry Based Program such as Manadoob:

- Results in higher achievement on challenging tasks
- Teaches program solving
- Promotes the transfer of concepts to new problem questions
- Teaches students how to learn and builds-self-directed learning skills
- Develops student ownership of their inquiry and enhances student interest in subject matter
- Awakens a child's confidence, interest and self-esteem
- Reinforces physical, emotional and cognitive skills
- Promotes the ability to work in teams, solve complex problems and apply knowledge from one lesson to others

### Who Benefits from The Manadoob Program for Self-Esteem?

## Manadoob is perfect for:

-Public Schools-Domestic Violence Centers-Humane Societies-Private Schools-Youth Clubs and Organizations-Military Children-After School Programs-Children with Special Needs-Every Child

\*Ages 7-12 Recommended

www.mandoob.com

st Stats -www.Casel.org-Child Development, January/February , 2011(Collaborative for Academic, Social and Emotional Learning